



"YOU CAN DISCOVER  
MORE ABOUT A PERSON  
IN AN HOUR OF PLAY  
THAN IN A YEAR OF  
CONVERSATION." – PLATO

# MIAPT Newsletter

October 2017

## Upcoming Trainings

### West Regional Conference

November 10, 2017

The Children's Garden: Integrating Play Therapy with Music, Animal, and Land Based Therapy

Presenter: Sister Mary Paul Moller FSE, LMFT, LPC, RPT-S is back by popular demand! Her presentation at the annual conference received a lot of feedback stating we needed to have her present a full day because her interventions and energy were so unique and inspiring. We listened!

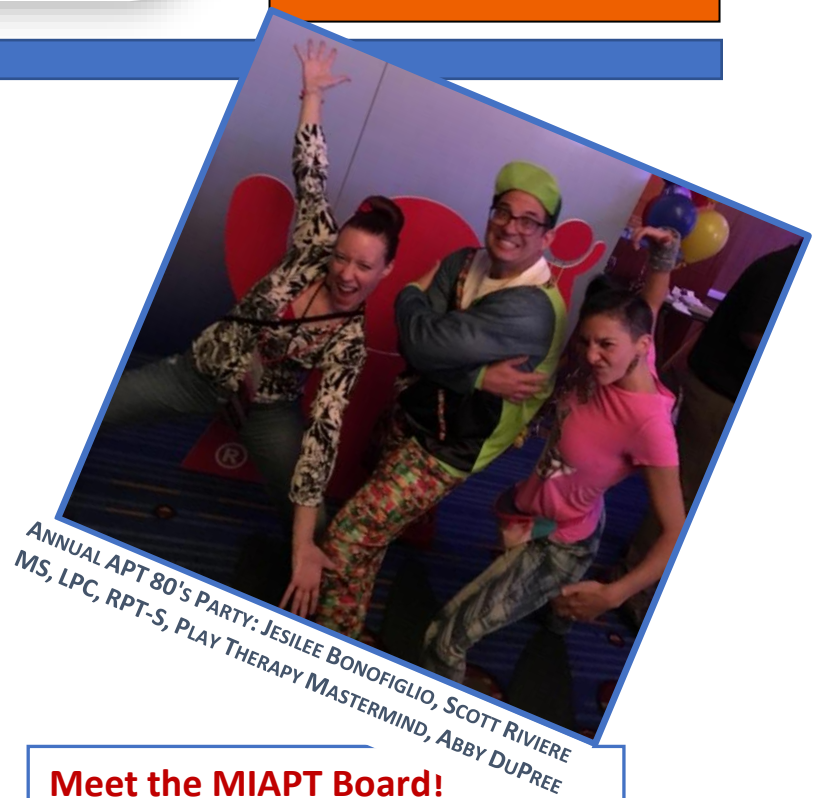
The workshop will be held at Wedgwood Christian Services in Grand Rapids.

<http://www.mipt.org/event/2016-wrc/>

### 2018 Annual Conference:

Save the Date: February 16-17 2018

Keynote: Jeff Ashby, PhD, ABPP, RPT-S will be presenting on treating Anger and Aggression



### Meet the MIAPT Board!

Past President: Robin Bell, LMSW, RPT

President: Jesilee Bonofiglio, LMSW, RPT

President Elect: Abby DuPree, LMSW

Secretary: Diana Steketee, MA, LLP, RPT

Treasurer: Ann Bixler, LLP, ICAADC, RPT

Director-at-Large: Deanna Couture, MA, LPC-S, NCC, RPT



PHOTO: ANGELA M CAVETT, PHD, LP, RPT-S, MINDFULNESS WHISPERER AT ANNUAL APT CONF MODELING "OTTER BREATHING" W/WORKSHOP ATTENDEE

## You Can Make a Difference!

Here are some ways you can volunteer with MIAPT

### 1. Newsletter content

- Share a creative activity
- Write a story or article
- Format and distribute the newsletter
- Share playful pictures for our newsletter

### 2. Networking meetings

- Share ideas for meeting in your region
- Find a free local venue for meetings
- Consider starting a group in your area

### 3. Conferences (regional or annual)

- Pick up and/or order food
- Pick up craft supplies
- Volunteer for clean-up and/or set-up
- Design a flier
- Find location for events
- Request proposals of potential speakers

### 4. Membership updates (to add a directory)

- Confirm member contact info
- Consolidate/remove duplicate entries

\*\*If interested in volunteering, email

[DCouture77@yahoo.com](mailto:DCouture77@yahoo.com)

## Intervention: *Otter Breathing*

Many kids say their favorite animals are otters at the zoo, so how better to make them want to learn deep breathing than to use an otter???

Use an otter hand puppet to model the motions of an otter swimming in a wavy lake. (Angela has 4 otter puppets to choose from, but you can make due with 1 puppet, or create one.)

*Take a deep breath as the otter rides the wave up.*

*Breath out as the otter rides the wave down.*

*Let the otter hang out for a few seconds at the top of the wave, enjoying the sun shining down.*

*Repeat until the otter is enjoying the waves, feeling nice and calm.*

## A Message from Our President:

I am writing this after returning from the 2017 International Association for Play Therapy's annual conference in Minneapolis, MN. There were over 1,000 therapists from around the world joining to learn new and fun ways to help children manage trauma and life stressors. The energy, fun, and desire to impact our world was palpable and contagious!

We were able to dance and play with play therapy greats. The best part about it was that they joined us at our level, and inspired and encouraged us without judgment. That is also my hope for MIAPT. To bring together clinicians from every level of experience so all can feel empowered and encouraged. Please join MiAPT, and participate in our conferences, to help develop this great organization and your amazing work!

-Jesliee Bonofiglio, LMSW, RPT

## APT Awesomeness!!!

In 2017, Play Therapy has made some amazing strides we wanted to share:

SAMHSA.gov has added 2 play therapy modalities to the National Registry of Evidenced Based Programs and Practices: Child Parent Relationship Theory (CPRT), and Adlerian Therapy. Theraplay receives highest EPT rating by SAMSHA.

APT is celebrating 35 years and had an amazing 80's party to prove how awesome APT is at the annual conference where 21 therapists from Michigan were in attendance.

The Sophie L Lovinger Memorial Fund co-sponsored MIAPT's annual conference allowing Eric Green, PhD, RPT-S, to inspire 145 Michigan therapists in Feb 2017.

MIAPT member, Amanda Shaneberger, MA, LLP, RPT was an APT Leadership Academy Graduate!



**AMANDA SHANEBERGER APT LEADERSHIP GRAD**

much fun it could be to help a child be understood and have been hooked since. I've been a volunteer, conference committee member, and/or nominations and elections committee member almost every year since; I believe in MIAPT and how it helps to unleash our creativity and inspires us to connect with our clients in new and caring ways. Although I was sad to hear that we needed to fill this position by appointment, I am happy to help MIAPT in any way I'm needed in the hopes that together, we can continue to inspire and empower each other.



**MIAPT ANNUAL CONF WITH ROBIN BELL & ERIC GREEN PHD, RPT-S, JUNGIAN WIZARD**

## 2017 Board Member Bio (you'll get 1 per newsletter till we get through them)

President Elect: Abigail "Abby" DuPree LMSW (photo on p.1)

I obtained my MSW from MSU in 2003. I became a part of MIAPT after attending a training by Paris Goodyear-Brown, which inspired me to see how creativity and play can give a child the power to understand and express things for which they didn't have words. I loved how



**ANNUAL APT 80's PARTY: DAVID CRENSHAW, PH.D, ABPP, MOVER N' SHAKER, PLAY GURU & ABBY DUPREE**